



# Age Friendly GIANTS\*

**\*Grand Individuals Aging with  
Neighbours in Thunder Bay**

– GIANTs live large! –

We want your GIANT words of wisdom! Share your stories about neighbourhoods and aging in your home with our team. Your tips, strategies and advice could be featured in a GIANT way! We'll ask questions like:

What have you done to meet your neighbours?

What good things have you done for your neighbours over the years?

What do your neighbours mean to you?

What have you done to make your home work for you as you age?

What do you need in a house or apartment as you get older?

What do you like best about your home? What would you change if you could?

What advice would you give to someone about getting older in Thunder Bay?

Please contact Nancy if you are interested in the project or have a tip to share! We would love to hear from you!

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Age Friendly GIANTs gratefully acknowledges funding support from the Government of Canada New Horizons for Seniors Program (NHFS)