



Age Friendly GIANTS

Application Information for Digital Storytelling Workshop

What is the Age Friendly GIANTS project?

GIANTS are ***Grand Individuals Aging with Neighbours in Thunder Bay***. If you're 70 or better, we want to hear from you! We are gathering tips from Age Friendly GIANTS to help other GIANTS and Thunder Bayites of all ages to learn about aging well at home and in the neighbourhood.

Applications Welcome

We're looking for GIANTS to apply to participate in a digital storytelling workshop on July 12, 13 and 14 at the Thunder Bay 55 Plus Centre. We'll select 10 GIANTS to participate for FREE! (a \$600 value!). In the workshop you'll share your own meaningful personal story about what it means to be aging in your own home and neighbourhood. You will also listen to others share their stories. Facilitators will work with you every step of the way and after three days you will have produced your own personal short movie!

Your stories will become a part of the Lakehead University Archive. The collection of stories we make will be used as teaching tools by Age Friendly Thunder Bay.

What is digital storytelling?

Digital Storytelling is a socially engaged community arts practice, rooted in personal narrative and photography. Workshops bring people together, from a diverse range of backgrounds, to create digital stories in the form of short, 2-5 minute videos. Trained facilitators will guide you through the process, supporting and instructing you as you put together image and voice in a simple, yet powerful way. As a participant you will tell a personal story and use your own photographs to illustrate your words.

Check out stories here: <https://www.storycenter.org/stories/>

Who will be leading the Digital Storytelling sessions?

Facilitator, Rani Sanderson, is a professionally trained Digital Storytelling facilitator, and has over ten years experience working with a wide variety of community organizations and individuals from across the City of Toronto, Canada and the USA. She now heads up StoryCentre Canada. Rani will be assisted by coaches from Age Friendly Thunder Bay and the GIANTS project.

How can I apply?

Applications must be completed and submitted by June 28, 2017. Email application to agefriendlygiants@gmail.com by June 28. Applicants can also apply by calling Nancy at 627-3564. Age Friendly Thunder Bay will inform the successful participants by June 30, 2017.